## **Reminder List for MOHS Surgery**

## **Bellaire Dermatology**

- 1. Do <u>NOT</u> discontinue any blood thinner (e.g.: Coumadin, Plavix, Aggranox, Asprin, Baby Asprin, Xarelto, Eliquis, Pradaxa) prior to surgery. Do stop any fish oil, Vitamin E, multi-vitamins, and nutritional supplements at least one week prior to surgery as many as of these can increase bleeding.
- 2. If you are on any anti-rheumatoid or antiarthritic medication (e.g. Motrin, Naprosyn), please inform us. Please consult your physician before stopping any prescribed medications.
- 3. Bring an updated list of medication or bring all medications with you.
- 4. Notify our office if you develop any new illness (medical or surgical) prior to your scheduled surgery.
- 5. If you are diabetic, we suggest that you bring a few snacks should your case run into lunch, but any MOHS surgery patient is encouraged to bring snacks for their wait time.
- 6. The time to complete processing your slides may at times vary and you might possibly be here for several hours. Therefore, it is recommended that you bring snacks and maybe a sandwich or something for lunch. A café with cold drinks and food is located on the first floor.
- 7. Predicting the time your case will require to be completed is difficult and you may be here longer than expected. Therefore, please plan to spend a good part of the morning.
- 8. Call our office if you have any questions at 713-661-4383

Thank you,

Dr. Kayla McNiece