

*Issue no.02*



# LOTUS BUZZ



## Provider of the Month Mildred Lopez, M.D. Medical & Cosmetic Dermatology

Dr. Mildred Lopez Pineiro, a native of San Juan, PR, earned her medical degree from Dartmouth Medical School. She completed one year of internal medicine at Duke University Hospital and went on to graduate from Dermatology residency at UT Houston and MD Anderson Cancer Center. Following residency she went on to complete an ASDS Cosmetic Dermatologic Surgery Fellowship at Skin Associates of South Florida.

Her areas of interest include facial aesthetics, laser medicine, complex medical dermatology and clinical research. She is co-author of articles and chapter's published in national and international journals and is currently co-author of a Dermatology Times column on lasers and their uses in the dermatological field. Dr. Lopez has been featured in Univision for her knowledge and opinion in dermatology. When not in the office, Dr. Lopez enjoys long distance running, spending time with her family and traveling.



## Representative Spotlight

We are pleased to announce Linda John as our September representative spotlight. Linda has been a member of the Bellaire Dermatology family for six years. She is well versed in both medical and cosmetic sides of the practice and continues to be a friendly face you meet upon check-in or check-out.

### Q&A with Linda...

Before working at BDA, what was the most interesting job you've ever had?  
Tx Children's Hospital in Respiratory  
What are three words to describe BDA?  
Educational, Professional Exciting  
What have you gained from working at BDA? Knowledge in skincare

## OPEN HOUSE

Save the Date for an experience beyond any other.....our annual Open House. Thursday, December 1, 2022

- Swag Bags
- Live Demos
- Raffle Baskets
- Skincare Analysis
- Event Savings

We are offering three appointments for your convenience. Scan the QR code below to reserve your place. 3:30, 4:30 and 5:30.



Join us October 13, 2022 for a Virtual Event with Dr. Teller as he discusses the latest in acne treatment solutions.

AviClear is now available at Bellaire Dermatology. From the creators of CUTEra, AviClear is the first FDA cleared laser device for the treatment of mild to severe acne. Bellaire Dermatology is thrilled to be the only dermatology practice within the Greater Houston area with this revolutionary technology.

## Skin Care Tip by Cosmetics Manager Lori Martinez

Your skin care can't be effective if you're always putting it over a layer of dead skin; that's why exfoliating a few times a week is key. AlphaRet Exfoliating Peel Pads, made by SkinBetter, has made all the difference for me! Exfoliating pads feature award-winning retinoid, AlphaRet, a unique technology that is made up of a combination of a retinoid and an alpha hydroxy acid (AHA), along with a triple-acid blend of glycolic, lactic and salicylic acid. This exfoliating peel pad can be used 2-3 times a week at night. I like to layer a moisturizer on top of the peel pad. You will wake up with refreshed skin and with continued use it will lead to an improvement of skin smoothness, clarity and improvement of wrinkles and fine lines.

Happy Exfoliating!



## Product of the Month

### *Alastin Restorative Neck Complex*



A next generation skin-tightener, clinically proven to improve the appearance of skin texture, pigmentation and wrinkles on the neck area.

- Improves the appearance of crepey skin, fine lines and wrinkles.
- Minimizes the appearance of redness and discoloration.
- Helps increase the skin hydration for the delicate area between the chin and chest.
- Includes TriHex Technology to support the production of new, healthy elastin and collagen.

## Clinical Trial Highlight



A clinical study for pediatrics and adolescents with eczema. Adoring is a phase 3 clinical study evaluating an investigational non-steroidal topical cream for pediatrics and adolescents ages 2 to 17 years old who suffer from moderate to severe eczema (also known as atopic dermatitis or AD). To learn more or ask about study eligibility, please contact:

Center for Clinical Research  
832-331-7070

## Treatment of the Month



Morpheus is a minimally invasive treatment that delivers a combination of superficial microneedling to promote skin rejuvenation and radiofrequency energy to stimulate and regenerate collagen and elastin. Morpheus 8's advanced technology provides deep treatments of the face and body, including the eyelids, neck, arms, abdomen, legs, and buttocks, with significant improved results.

## Shop Products by scanning here!

