



AM vs PM	Topical	Directions
	Ice	
	Aquaphor/Vaseline	
	Dilute Vinegar Soaks	
	SkinMedica Cleanser	
	SkinMedica Restorative Ointment	
	SkinMedica TNS Ceramide Treatment Cream	
	SkinMedica Post Procedure Repair Complex	
	SkinMedica Essential Defense Sunscreen	

Oral Medications:

Other instructions:

Next appointment: